



fun, learning & achievement

ten26

Autumn 2009 The newsletter of the National Federation of Young Farmers' Clubs



WINNER!
Yorkshire Young Farmers
for their photo of a giant
Yorkshire pudding

My home county

Competitions steering group chairman
Derek Carless

"The new NFYFC competitions year kicks off this month, and the My Home County theme gives competitors the chance to showcase the very best their county has to offer.

"From the wilds of Northumberland to the

beaches of Cornwall, and from the mountains of North Wales to the huge skies of East Anglia, each county has its own unique landscape.

"Coupled with the wide variety of farm produce available across England and Wales, it gives us a competition theme which should encourage you to really put your heart into showing off your local county."

"Enjoy competing during the coming year and good luck!"



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National news



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Beating the bullies



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Spirit of competition



by
**Chairman
Bryce
Mackellar**

A year of opportunity

I've gained so much from my year in office, been made welcome by so many of you, and broadened my knowledge and skills in so many ways that it's tough to pick highlights.

Everyone is to be praised for their behaviour at our AGM in May – it made me so proud – and that praise has been echoed by the people of Blackpool and Lancashire Constabulary.

The chief superintendent wrote saying he and his officers had been impressed by the 'positive, good-natured carnival atmosphere' Young Farmers brought to the town.

"Thank you for my year as chairman and the fantastic opportunities it has given me"

It was wonderful to be invited to Ascot to dine with the Princess Royal, and great to see that, as a past president, she does still follow what we are up to. It was also a good opportunity to tell other people about YFC.

It was brilliant to see members competing at the Royal Show, especially in the tug of war, and to see some of our more rural skills on display. I was impressed by our young entrepreneurs of the future showcasing their business acumen in our



news

continued from front

farm business development competition, and delighted to see our agricultural work being recognised with the invitation for agriculture and rural affairs committee chairman Doug Jackson to chair the Royal Agricultural Society of England debate.

This year has broadened my business and management knowledge, given me great ideas of how I can better run my own business at home on the farm, and increased my people skills.

Most of all, it has really opened my eyes to the breadth of the work that goes on within YFC, and I'm sure my successor will benefit from their year in office as much as I have.

I'll be staying in touch and hope to return some of the hospitality I have enjoyed.

Bryce Mackellar



Safeguarding must be a priority



by **NFYFC CEO James Eckley**

The safeguarding of children is an issue YFCs cannot ignore and, in the light of two serious incidents in recent months, there is no room for complacency.

New regulations are coming thick and fast, and NFYFC has been working through the latest policies and guidelines from the regulatory and support agencies to ensure

YFCs are equipped to comply with these new requirements.

Two factsheets, ISA Registration Process and The ISA Explained, have been circulated to YFCs and are also available from youthwork development officer Jodie Stirrup on request.

Our policy has been reviewed by the NSPCC and acknowledged to be robust. It is vital that YFCs introduce the strongest vetting and referencing procedures with the help of the Independent Safeguarding Authority.

Jodie and I are here to

work with counties should safeguarding issues arise.

Changes are being made to the board of management as a result of recommendations made by the review group in June.

Seats on the board are being cut to make it more efficient; and it will be strengthened by the appointment of specialists in HR and employment, health and safety, fundraising, safeguarding and finance. Recruitment will take place during the coming months.

I look forward to seeing you all at the autumn competitions finals and at some of the new events we have lined up this year.

Rising to the challenges



by **Wales YFC chairman Rhys Owen**

Everything happens so fast when you take the chair of YFC, be it at club, county or national level, and this year

has been no different. It seems like only yesterday that I was vice-chairman.

Holding office hits you as a steep learning curve that's vertical at times, challenging and demanding, but reflects YFC to a tee. It's all about pushing yourself to do new things, embracing new experiences, gaining new skills, and still managing to have fun.

YFC in Wales has been through a testing time. Our finances were not the best, something we have addressed, but the issue will top our agenda for a while considering the state of the global financial market and our heavy dependence on supporters and sponsors. One

exciting element we are looking at is the development of a commercial aspect to YFC, which will allow us to generate income.

There have been quite a few personnel changes – a new CEO, chairman of the board of management, and development and Welsh promotion officer – all within a couple of months.

It's been great to watch our staff progress in their private lives, and will also be great to see the injection of enthusiasm and fresh ideas that new members bring with them.

So despite these tests we are still here and, as they say, 'What won't kill you makes you stronger', so watch this space.



FREE NFU MEMBERSHIP FOR YOUNG FARMERS

YFC members aged between 16 and 21 can enjoy free membership of the National Farmers' Union thanks to an exclusive deal launched in April.

The deal aims to support Young Farmers through their studies and keep them updated about what's happening in the industry, and includes tons of money saving discounts.

You can find out more online at www.nfuonline.com.

Your chance to make a difference



by **Wales YFC CEO Nia Lloyd**

When I joined Dyffryn Tanat YFC in Montgomery as a very shy 15-year-old, never in my wildest dreams did I imagine I would be writing in Ten26 as the CEO of Wales YFC.

Five months into my new post and I'm beginning to find my feet.

I have always believed passionately in the potential of YFC and, by working together at all levels, I really do see the future as exciting and rewarding for all involved.

We can all achieve on our own but by working together with more than 6,000 members in Wales and another 17,000 in England, the potential for YFC is immense. The only obstacle is hard work, but that is one thing YFC members and friends are never afraid of.

I am very keen to make sure we have an efficient and

effective organisation. We must communicate well, have the right policies and procedures in place to ensure that what we do is safe and fair to everyone, and market ourselves well to members, potential members and funders.

So, there's plenty for officers and staff to be getting on with while you focus on enjoying and developing yourselves during your time in YFC. It's your chance to make a difference, and we will help and support you all the way. Enjoy the coming year.



New tenancy training days

Three new tenancy training days aimed at equipping Young Farmers to successfully bid for and run tenant farms are planned during the coming months.

Each event aims to prepare delegates in every aspect of tenancy – from the role of the landlord; preparing new entrants to tender successfully in the face of strong competition from established businesses, and putting together a business plan; to technical issues, farm management and running a sustainable business.

As well as enhancing

delegates' careers, the training also aims to support and prepare members entering the NFYFC farm business development competition.

The three regional events follow on from a pilot day run last November together with the Tenant Farmers Association (TFA) and land agents Savills.

TFA chief executive George Dunn says: "Putting together a proposal to rent a farm from a landowner is not something many agricultural colleges include as part of their curriculum. It is important those wishing to rent holdings know how to structure a

tender document and conduct themselves if selected for interview for a farm tenancy."

Agriculture and rural affairs officer Sarah Palmer adds: "NFYFC is delighted to be working with our industry partners to deliver comprehensive training that will not only help those taking part in the competition, but also put members in a very strong position to secure future farming opportunities."

» **When & where**
20 November – Exeter
27 November – London
15 January – York

GUIDELINES FOR MINIBUS DRIVERS

A new factsheet has been put together explaining who can legally hire and drive a minibus.

Can I Drive A Minibus? has been circulated to all county federations, and is available from jodie.stirrup@nfyfc.org.uk.



NEW WEBSITE AND DATABASE ROLL-OUT BEGINS

You will begin to see exciting changes to the NFYFC website as the new site and database gradually go live.

New technology will make it easier for everyone to keep up to date with what's going on within YFC and join in the huge range of opportunities available.

New areas will gradually be added to the site, so information on a host of topics is simpler to find.

When the new database and website are linked together next spring, the creation of member-only areas will allow us to share far more information within the organisation than has been possible.

Once that happens, everyone logging on to the new site will see at a glance the latest news and updates from the national office, so members, staff and organisers alike will always know about new developments.

Clubs and counties will be more easily able to share their news, plus there will be plenty of new ways to have a say, swap ideas, and get help and advice.

The site will become YFC's main source of information, so you will need to log on regularly to see what's happening.

Keep your contact details up to date with your county, especially mobile numbers and an email address, which will be needed to access the member-only areas.

Raising the bar on training

Two Young Farmers explain how NFYFC accredited courses are helping to improve training delivered within YFC and also supporting members in their careers

“Northamptonshire YFC has five clubs and 170 members. My main challenge is motivating members to get more involved in the running of their clubs, as a lot of the work falls on the same shoulders,” says Milly. “Each year I try to organise a club officers training evening to ensure members understand the roles they are interested in undertaking and the responsibilities that go with them. “I’ve also organised a county roadshow to feed into county roles, so that if members are

interested in something, such as fundraising or recruitment, they are aware of how to get involved. “NFYFC courses are great because you can use everything you learn to develop what happens in your counties, and I am now equipped with loads of new ideas of how to approach our members.

“I’ve come away from Advanced Train the Trainer with tips and techniques, such as icebreaker games, which help me engage with people better. I’ve learned to break down some of our meatier courses into smaller components so they are more accessible to everyone, particularly the younger members.

“The training has also helped me immensely in my career and with my own personal development. If it wasn’t for YFC, I wouldn’t be in my job at all. The knowledge gained from courses and YFC activities has given me the confidence to put presentations together and talk about the charity I work for.

“That these courses are now Institute of Training and Occupational Learning (ITOL) accredited shows we are offering training which results in a nationally recognised qualification, so we really are raising the bar, not only on personal achievement, but in improving the knowledge and skill base within the organisation.

“I think it’s really important for anyone holding office in YFC to take these courses. They really do help you understand the responsibilities you have taken on, so you can work better as a team with other office holders.”



Name: Milly Wastie **Age:** 24
Occupation: Regional officer for the Royal Agricultural Benevolent Institution (RABI)
YFC role: Northamptonshire county chairwoman. Also sits on the East Midlands committee, agriculture and rural affairs steering group, NFYFC council and is an NFU representative
NFYFC courses undertaken: Leadership and Development, Train the Trainer, Advanced Train the Trainer

“I’m really looking forward to the course. It will equip me with various training methods that can be used to ensure everyone benefits equally from training, identify skills I already possess, and additional ones I need to learn to present a training course to others.

“Being able to take a lead and help out in this way is something, as an organisation, we need to identify and help our members embrace.”



Name: Dylan Davies **Age:** 27
Occupation: Development and Welsh promotion officer for Wales YFC
NFYFC course being undertaken: Train the Trainer

ON COURSE FOR SUCCESS

Don’t miss your chance to get on the next NFYFC courses:

- Train the Trainer: 11-13 September, £75
- Leadership and Development: 16-18 October, £75
- Adventure Management: 23-25 October, £75

For more details, and to book your place on a course, contact training officer, Jo Bouchard, at joanne.bouchard@nfyfc.org.uk.

■ National Anti-Bullying Week is 16-20 November and the theme is cyberbullying, which has been on the organisation’s agenda for most of the year

Standing up to bullies



by personal development steering group chairwoman Christine Hope

ensure the leadership styles used throughout the organisation recognise and include everyone.

We realise that cyberbullying – bullying through electronic means such as mobile phone messages, emails and social networking sites – is on the increase and we also recognise that young people want to be able to get help via online methods.

The survey results showed that 59% of respondents would use online help and support from other young people if it was available, and the steering group is looking at ways in which we can offer help and advice online.

We will be examining how we can educate the 38% of people who walked away not to turn a blind eye by empowering members to stand up to bullies.

Bullying in all forms can leave a victim depressed and lead to low esteem and even suicide.

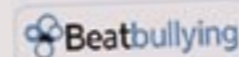
Work to tackle the issue began in the spring with the launch of an online survey in partnership with Beatbullying at the annual convention, and was followed by a competition to design a cyberbullying webpage in July.

“Less obvious patterns of bullying, such as social exclusion, can be particularly devastating for a rural young person, even when it is accidental rather than deliberate”

WHAT IS BULLYING?

Bullying is behaviour by a person or group of people that is:

- Meant to hurt.
- Happens more than once.
- Involves an imbalance of power so the victim finds it hard to defend themselves.
- Can be physical or involve taking or damaging belongings.
- Verbal: taunts, threats, offensive remarks.
- Relational: spreading nasty stories, gossiping, excluding someone socially.
- Cyber: texts, emails, picture/video clip bullying, instant messaging.



“If you are being bullied, or are concerned about bullying, youthwork development officer Jodie Stirrup can offer advice and support at jodie.stirrup@nfyfc.org.uk.”

WHY NOT...

Design a poster about bullying and send it in to Jodie Stirrup?

Associates chip in

YFC associate members will be contributing £5 a year to help fund personal development initiatives.

The motion by Devon YFC, agreed at the AGM in May, will generate around £4,000 to help fund benefits such as member training and club

programme packs.

NFYFC CEO James Eckley says: “It is very encouraging to see a county federation where associates want to support work across the federation as a whole. NFYFC will, in turn, send that support back by encouraging personal development at all levels.”



ONLINE SURVEY RESULTS

The results of the NFYFC Beatbullying online survey show just how widespread bullying is, with most members who took part having been a victim or witnessed someone else being abused in this way.

- 70% have been bullied.
- 22% have bullied someone else.
- 78% have seen someone else being bullied.
- 38% turned a blind eye.
- 15% stood and watched.
- 20% reported it.
- 1% filmed it.
- 59% would use online help and support.

The personal development steering group is now using information from the survey to look at bullying within relationships, and social exclusion.

As one of the largest rural youth organisations, we are in an ideal position to prevent bullying and stamp it out, including less obvious patterns of bullying such as social exclusion, which can be particularly devastating for a rural young person, even when it is accidental rather than deliberate.

We have already revamped one of our NFYFC courses to

competitions & events

TIPS FOR COMPETITORS

- Be proactive and take responsibility for getting entry forms and submissions in on time.
- Prepare thoroughly in advance.
- Appearances matter, so dress appropriately.
- Arrive in good time.
- If you have a query about a competition, ask for advice from someone you know who has entered before.
- Competitions evolve so make sure you are up to speed on any elements that have changed.
- Always check the rules and competitor notes before a competition. Some counties alter rules for their county rounds, so always double-check the NFYFC website for details of NFYFC finals.

SECRETS OF SUCCESS

- If you are organising a competition or event:
- Book the venue in plenty of time.
 - Organise your judges well in advance.
 - Double-check both are in place two to three weeks beforehand.
 - Perform the risk assessments.
 - Ensure you have enough stewards.
 - Prepare any required paperwork ahead of time and keep spare copies.

It's not the winning



Competitions steering group chairman Derek Carless says:

YFC competitions should represent much more to members than simply the chance to win a piece of silverware.

From traditional rural crafts to public speaking and sports, competitions offer a chance to learn skills that remain with you for life, or even become the foundations of a future career. Enlightened employers look for YFC involvement in potential employees, recognising the role a Young

Farmer can play in personal development.

Good sportsmanship is important. Let others compete without interference or criticism and congratulate them afterwards, regardless of who won.

Judges and stewards give their time free of charge for your benefit. Be courteous and polite, and when the results have been announced, whether you've come first or last, ask them for guidance on how you can improve your performance and achieve even better results.

Take every opportunity to socialise and, if you have the chance, speak to other competitors before or after the competition.

So, there are plenty of excellent reasons to find out which competitions your club and county are organising this year and get involved.

While it's good to win, it's even better to take part, knowing you have learned a new skill and grown from the experience. And here, two Young Farmers prove just how much can be achieved as a result. >>

WORTH VALLEY YFC'S EVENT TESTED THEIR SKILLS

When Worth Valley YFC's open farm day revealed many urban youngsters had never seen a farm animal, members drew on skills gained competing within YFC to win £30,000 to give 'townies' a taste of the countryside.

A committee of eight under-18s set out to stage a Food, Farming and the Countryside exhibition; and Hollie Ogden, now 18, and Alex Binns, then 13, pitted their skills in a Dragon's Den-style interview against 20 other bidders for the cash, which was up for grabs from Bradford Council's Youth Opportunities Fund.

Thanks to experience gained through public speaking competitions, the pair wowed the panel and romped home with the grant.

"We were shocked to realise many children have no clue where their food comes from," says Hollie, exhibition working party chairwoman, who will be studying sports sciences at university this year. "Many take it for granted that you just walk into a supermarket, with no idea of all the hard work behind producing it.

"The grant panel was made up of three young people. We put together a project proposal, case studies and a budget, and our idea was completely different to all the rest.

"We used our public speaking skills and told the panel that the confidence to do the

interview in the first place came from being in YFC. They were impressed by the way Alex and I worked as a team and loved the project idea. We were all thrilled when we won."

With the money the committee bought a marquee, advertised on websites and in local papers and sent invitations to primary schools. They designed and handed out 10,000 tickets to under-16s in nearby towns for the free buses they laid on to the exhibition, held during the two-day Brönte Vintage Gathering.

More than 4,000 people visited their YFC exhibition, to be guided through the food journey from field to fork, which used livestock from members, local butchery demonstrations and the skills of a local restaurant.

The team also organised sheep racing, a mascot Olympics, a fundraising wrestling show, pots of seeds for youngsters to grow, a wooden milking cow and petting zoo.

Hollie adds: "It was busy and stressful but that's normal in YFC. We used organisational skills and teamwork learned from competitions and events to make it a success.

"This is the first year I've taken on a role as social secretary, but I've always mucked in and I wouldn't have had any idea how to even begin planning something like this if it wasn't for competing.

"My advice is to give everything a try. When you are competing you are gaining skills that aren't always obvious but can serve you well in other areas of your life."



SOPHIE OGDEN: READY FOR THE NEXT BIG EVENT

Club secretary Sophie Ogden, 21, said every facet of planning and organising the event had used skills gained from competitions – from scheduling meetings, preparations, and hitting deadlines, to helping younger members articulate their ideas.

Sophie, a mortgage administrator, says: "Time-keeping, planning in advance, understanding your responsibilities, being part of a team – all aspects of competing are valuable in so many things in life. YFC has developed me in so many ways – I'm much more confident, I love getting involved, and it has really improved my organisational skills at work, where I am proactive and able to hold and carry a meeting to solve problems.

"I've loved being involved in a huge event like this and am excited for the next big thing. We have received so much positive feedback from the public and community, gained new members and made people aware of our club and YFC in general, so get stuck in with anything and everything!"



L-R: ELLA BUNTON, FREYA BUNTON, SARAH BELL, ALEX BINNS AND HARRY HOLMES PLANNING THEIR EVENT



A CHANCE TO SEE FARM ANIMALS



HOLLIE OGDEN PUTS COMPETITION SKILLS TO GOOD USE



ALFE'S RESTAURANT OFFERS A TASTE OF THE COUNTRYSIDE

>> Log on to the NFYFC website for full details of this year's competitions and events schedule. Dates, rules, entry forms – everything you need to take part is available online at www.nfyfc.org.uk.



Investing in the future

Young Farmers will be helping improve the quality and availability of agricultural careers advice at a careers day at this year's RABDF Dairy Event and Livestock Show.

The event at Stoneleigh Park, Warwickshire, on 17 September is aimed at teachers and careers advisers, and has been designed to broaden the information available through them to young people interested in careers in the industry.

Careers professionals will learn about the current state of the industry, its future development and the implications for job opportunities, as well as information about vacancies.

Delegates will tour the YFC stockjudging competitions and speak to YFC members about their experiences and the industry jobs open to them, as well as the practical skills gained through club competitions.

Members will also help highlight the range of career opportunities by giving day-in-the-life presentations on a range of roles, from agricultural consultant to vet.

The event was organised by the Royal Association of British Dairy Farmers (RABDF) in

conjunction with Farming and Countryside Education (FACE), and was sponsored by the NFYFC.

NFYFC agriculture and rural affairs committee chairman Doug Jackson says: "Industry careers advice has been lacking. Farming and agriculture are often incorrectly promoted as the less able person's career. Careers advisers should be directing people towards farming as a positive career choice, not as an alternative.

"I was advised away from agriculture, but as a farm business consultant it is a fantastically interesting and exciting industry to be in. Roles can be high-tech, highly specialised, and scientific.

"This event will help careers professionals understand the scientific, business and practical skills needed for careers in the industry, what really happens out there in farming, and where they can get more information to help young people establish an agricultural career.

"The dairy event careers day is an important new concept and YFC would like to see more of the sector groups creating similar events for careers advisers and teaching professionals."

Acting NFYFC board of management chairman Chris Lloyd welcomed the decision for NFYFC to sponsor the careers event. He says: "This decision by members proves YFC is serious about promoting careers in farming. It is helping to ensure careers advisers are well versed on the opportunities the industry can offer and have a sound understanding of the highly skilled roles involved in modern agriculture."

£1,200
donated by the Ernest Cook Trust for the Science in Farming & Growing project, which helped produce leaflets and displays on science in agriculture for the NFYFC marquee at the Royal Show



Share your views on rural housing

Help safeguard the future of farming by airing your views and sharing your experiences of the rural housing situation. Give your feedback on the effect finding affordable homes in the countryside has on young people's decision to live and work in rural areas. Log on to the NFYFC website to take part in the online survey, being conducted in partnership with the English Rural Housing Association, before the deadline of 30 October.



Lamb-tastic new partnership

Wales YFC members have been working hard to supply all nine of the Sainsbury's stores in Wales with Welsh lamb in a unique partnership between Wales YFC, the supermarket, and meat products supplier Dunbia.

This newly created scheme rewards Young Farmers with a premium for their quality lamb and gives a percentage of cash from sales back to Wales YFC. All members taking part also have exclusive access to a development programme, which will enable them to learn more about the market and the consumer.

To be eligible, suppliers must be a member or associate member of Wales YFC and be aged between 18 and 40. Members must also be able to prove they are a partner in the business or that their main source of income comes from the home farm.

For further information contact the Wales YFC office.



Perfformiad poenus ar y gweill Aiming for a blistering performance

Mae tîm o naw o staff a swyddogion yn barod i fynd yr holl ffordd i godi arian ar gyfer elusen y flwyddyn CFFI Cymru, Diabetes UK Cymru.

Rhyngddynt byddent yn teithio 117 o filliroedd er budd yr elusen ddewisedig ac mae aelodau'r tîm yn paratoi am yr her mewn amryw o wahanol ffordd.

Mae rhai wedi bod yn hyfforddi'n galed ar gyfer hanner maraton Llyn Efyrynwy sydd i'w gynnal ar y 13 o Fedi ers sawl mis, yn rhedeg hyd at dair gwaith yr wythnos - tra bo eraill yn croesi eu bysedd ac yn gobeithio am y gorau.

Dywed cadeirydd CFFI Cymru Rhys Owen "Pan gyhoeddais elusen y flwyddyn, doedd gen i ddim syniad blwyddyn yn ddiweddarach y byddwn yn cymryd rhan mewn hanner maraton. Does gen i ddim clem o ble ddaeth y syniad. Cafodd ei awgrymu yn gyflym a'r peth nesaf roedd pawb yn cymryd rhan!"

Mae'r naw rhedwr, jogiwr neu gerddwyr (uchod) yn chwilio am nawdd er mwyn gwneud yr holl swigod, traed, cyhyrau a chymalau poenus yn werth chweil.

Dylai unrhyw un sydd am gyfrannu cysylltu gyda swyddfa CFFI Cymru neu ymweld gyda www.justgiving.com/dylandavies1.

A nine-strong team of staff and officers are ready to go the distance to raise cash for Wales YFC's charity of the year, Diabetes UK Cymru.

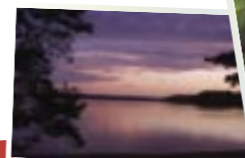
Between them they will travel 117 miles for the federation's chosen charity and the team members are preparing for the challenge in a variety of ways.

Some have been training hard for several months for the Lake Vyrnwy half-marathon on 13 September, running up to three times a week, while others are employing the tactic of crossing their fingers and hoping for the best.

Wales YFC chairman Rhys Owen says: "When I announced the charity of the year, I had no idea that a year later I would be taking part in a half-marathon. I have no clue where the idea came from. It was suggested briefly and all of a sudden we were all taking part!"

All nine runners, joggers or walkers (above) are looking for sponsors to make all the blisters, sore feet, and aching muscles and joints worthwhile.

Anyone wanting to contribute should contact the Wales YFC office or visit www.justgiving.com/dylandavies1 to chip in.



Ehangwch eich gorwelion Broaden your horizons

Ydych chi'n chwilio am brofiad bythgofiadwy, lle gallwch gwrrdd gyda phobl newydd o wlad wahanol a dysgu am eu traddodiadau a'u ffordd o fyw?

Yna ymgeiswch am driip gyda rhaglen ryngwladol CFFI Cymru a'r rhaglen Discovery.

Mae'r daflen Discovery yn rhoi manylion ynglŷn â'r holl dripiâu sydd ar gael yn 2010 gan gynnwys y rhai sydd ar gael ar gyfer aelodau CFFI Cymru yn unig. Cysylltwch gyda swyddfa CFFI Cymru am fwy o wybodaeth ar sut i deithio'r byd.

Are you looking for an unforgettable experience, where you can meet new people from a different country and learn about their traditions and way of life? Then why not apply for a trip with Discovery and the Wales YFC international programme? The Discovery leaflet details all the trips available in 2010, including those open only to members of Wales YFC. Contact the Wales YFC office for more information on how to set off on a true voyage of discovery.

cyffro

DANGOSWCH EICH GALLU I FAGU STOC

Dechreuwch baratoi i gystadlu yng nghystadlaethau prif gynhyrchydd ŵyn CFFI Cymru Dunbia yn y Ffair Aeaf ar 31 o Dachwedd a'r 1 o Ragfyr.

Treuliodd brawd a chwaer Gwawr, 18, a Gerallt Llewelyn Hughes, 13, o CFFI Eryri, misoedd yr hydref blwyddyn ddiwethaf yn paratoi ar ôl penderfyni i ymgeisio am y tro cyntaf.

Dewisodd y ddau ŵyn benyw mynydd du Cymreig, a'u bwyo gyda bwyd arbennig yw pesgi. Monitryd eu datblygiad, tynnwyd lluniau a lluniwyd graffiau i ddangos y newid mewn pwysau fel rhan o'r gystadlaethau.

"Roedd yn brofiad cofiadwy," meddai Gerallt: "Dysgom sut i besgi'r ŵyn a'u paratoi ar gyfer y cigydd, sut i ddelio gyda phroblemau, a sut i weithio fel tîm."

Dylai unrhyw un sydd am gystadlu cysylltu gyda swyddfa CFFI Cymru cyn y dyddiad cau, 12 o Hydref.



HOOF IT TO SHOW OFF YOUR STOCK-REARING SKILLS

Start getting organised to compete in the Wales YFC Dunbia best prime lamb producer competition at the Winter Fair on 30 November and 1 December.

Eryri YFC's brother-and-sister team Gwawr, 18, and Gerallt Llewelyn Hughes, 13, (pictured), spent last autumn preparing after deciding to enter the competition for the first time.

The duo selected black Welsh mountain lambs in October and fed them a special mix to fatten them up. They monitored their progress, took photos and made graphs of their changing weight as part of the competition.

"It was a memorable experience," says Gerallt. "We learned how to fatten the lambs and prepare them for slaughter, how to deal with problems that arose, and how to work as a team."

Anyone interested in competing should contact the Wales YFC office before the deadline of 12 October.

ADRODDWCH YR HANES

Datblygwch sgiliau newydd a chynorthwycwch Llyfrgell Genedlaethol Cymru i gadw atgofion o'r cyfnod yn dilyn y rhyfel.

Mae aelodau CFFI Cymru yn cael cynnig y cyfle i gymryd rhan mewn prosiect a gaiff ei ariannu gan y Loteri Genedlaethol, Maes y Gad i Les y Wlad, ble mae pobl ifanc yn cyfweid aelodau hŷn o'r gymdeithas sydd ag atgofion am y cyfnod rhwng 1939 a 1959 a chreu stori ddigidol.

"Bydd unrhyw un sy'n cymryd rhan yn cael y cyfle i ddyblygu amryw o sgiliau," meddai Carys Lloyd, swyddog storïau digidol ar gyfer Culturenet Cymru sy'n rhedeg y prosiect gyda Llyfrgell Genedlaethol Cymru.

"Bydd unigolion neu glybiau yn derbyn yr offer a'r hyfforddiant er mwyn creu'r storïau digidol, bydd y rhain wedyn yn cael eu harchifo yn y llyfrgell a'u gosod ar y we, lle fyddent yn adnodd gwerthfawr ar gyfer eraill i ddysgu am y cyfnod.

"Mae nifer o Glybiau Ffermwyr Ifanc a ffederasiynau sirol yn dathlu eu pen-blwydd yn 70, ac mae'n bosib y gall creu storïau digidol o'r cyfnod fod yn un ffordd o goffâu garreg filltir hon yn eu hanes," meddai.

Gall dylbiau sy'n cymryd rhan yn Maes y Gad i Les y Wlad ymgeisio yn her y gymuned a'r amgylchedd CFFI Cymru, sy'n cynorthwyo aelodau i ddysgu sgiliau newydd drwy wneud gwaith er budd y gymuned a'r amgylchedd.

Ceir fwy o wybodaeth ynglŷn â phrosiect Maes y Gad i Les y Wlad ar y wefan www.myglyw.org.uk a dylai unrhyw un sydd â diddordeb mewn cymryd rhan yn her y gymuned a'r amgylchedd gysylltu gyda swyddfa CFFI Cymru.

CAPTURE A PIECE OF HISTORY

Develop new skills and help the National Library of Wales preserve memories from the post-war era.

Wales YFC members are being offered the chance to take part in the National Lottery-funded project *From Warfare to Welfare*, in which young people interview older members of the community with memories of the period between 1939 and 1959, and create a digital story.

"Anyone taking part will have the opportunity to develop a range of skills," says Carys Lloyd, digital stories officer for Culturenet Cymru, which is running the project with the National Library of Wales.

"Individuals or clubs will be given the equipment and training to create the digital stories, which will then be archived at the library and displayed on the web, where they will be a valuable resource for others to learn about the period.

"A number of YFCs and county federations are celebrating their 70th anniversary, and creating digital stories from the period could be one way of commemorating this milestone in their history," she says.

Clubs involved in *From Warfare to Welfare* are also eligible to enter the Wales YFC community and environment challenge, which helps members to learn new skills while undertaking work that benefits their community and the environment.

More information about the *Warfare to Welfare* project is online at www.myglyw.org.uk and anyone interested in taking part in the community and environment challenge should contact the Wales YFC office.

ROEDD LYDIA POWELL YN MEDRU CYSTADLU MEWN SAESNEG
LYDIA POWELL WAS ABLE TO COMPETE IN ENGLISH

Traddodiad i bawb

Opening up tradition to all

■ Mae eisteddfod genedlaethol CFFI Cymru yn unigryw, lle gallwch gystadlu mewn Saesneg neu Gymraeg, felly ceir cyfle i bawb i ennill y gadair draddodiadol

■ Wales YFC's unique national eisteddfod, where you can compete in English or Welsh, means everyone can try to win the traditional chair

Daeth Lydia Powell, 15, yn ail yn yr eisteddfod blwyddyn ddiwethaf am ei stori, *The Tale of Annie May and the Lost Children*, a ysgrifennwyd yn y Saesneg.

"Rwyf wrth fy modd yn ysgrifennu storïau, a'r thema blwyddyn ddiwethaf oedd hyd a lledrith. Doeddwn erioed wedi ysgrifennu ar y pwnc hwn o'r blaen, felly bu'n rhaid i mi wneud peth ymchwil.

"Unwaith daeth y syniad ysgrifennais y stori mewn un noson. Treuliais y diwrnod canlynol yn edrych drosto a'i olygu; yna danfonais y cais i mewn o dan y ffug enw Amy, gan fod angen i gystadlwyr fod yn ddienw.

"Cefais syndod a phleser pan dderbynias alwad ffôn i ddweud fy mod wedi dod yn ail, a chefais fwy o syndod pan ddysgais fy mod yn ail yn y gadair.

"Teithiais i'r eisteddfod ym Mrynaman, lle derbynias dystysgrif a gwylliais y

seremoni gadeirio a oedd yn brofiad arbennig.

"Roedd yn braf fy mod wedi gallu cystadlu yn Saesneg a chefais lawer o brofiad a fydd o fudd i mi wrth gystadlu blwyddyn nesaf. Mae'n wych bod yr eisteddfod yn ddwyieithog gan ei fod yn golygu y gall pawb gymryd rhan yn y digwyddiad traddodiadol hyd yn oed os nad Gymraeg yw eu hiaith gyntaf. Byddaf yn ymgeisio am y gadair eto leni!"

Brecknock YFC's Lydia Powell, 15, came second in last year's eisteddfod for her story, *The Tale of Annie May and the Lost Children*, written in English.

"I've always loved writing stories. The theme last year was myths and legends, which I had never tackled before, so I had to do some research.

"Once I had the idea for my story I was away and able to write it in one evening. I spent the next day editing it, then sent

it in under the pseudonym Amy, as competitors have to remain anonymous.

"I was surprised and delighted to get a phone call telling me I had gained second place, and even more surprised to be told I was runner-up to the chair.

"I travelled to the eisteddfod in Brynaman, where I received a certificate and watched the chairing ceremony, which was an amazing experience.

"I loved being able to compete in English and gained tons of experience that I can use when I enter next year. It is fantastic that the eisteddfod is bilingual since it means you are able to take part in this traditional event even if Welsh is not your first language. I'll definitely be having a go at the chair again this year."

➤ Cynhelir eisteddfod CFFI Cymru ar y 21 o Dachwedd eleni. This year's Wales YFC eisteddfod is on 21 November.



Mentrwr ifanc yn crefftio'r gadair

Young entrepreneur crafts prize chair

Aeth y dasg o greu cadair eisteddfod blwyddyn ddiwethaf i aelod o Sir Gâr Christopher Powell, crefftwr ifanc a enillodd cynllun menter CFFI Cymru NatWest gyda'i fusnes gwaith coed. "Hon oedd y gadair gyntaf i mi ei chrefftio," dywedodd. "Cafodd ei wneud allan o gymysgedd o onnen a derwen Gymreig a chymerodd tuag wythnos i'w dylunio a'i chreu. Roedd yn brofiad arbennig i gael sefyll yn ôl a chael gweld yr eitem orffenedig ar ôl yr holl waith caled.

"Roedd cael fy ngofyn i wneud y gadair yn brofiad gwych arall yr wyf wedi ei gael trwy'r Ffermwyr Ifanc, ac yn gyfle arall rwyf wedi ei gael ers ennill gwobr NatWest yn 2007.

The task of creating last year's eisteddfod chair went to Carmarthenshire YFC member Christopher Powell, a young craftsman who won the Wales YFC NatWest Enterprise scheme for his carpentry business.

"This was the first chair I have crafted," he says. "It was made from a mixture of Welsh ash and oak, and took about a week to design and make. It was wonderful to stand back and see the finished article after all the hard work.

"Being asked to make the chair was another great experience gained through YFC, and yet another opportunity that has come my way since winning the NatWest award in 2007.

"Once I expressed an interest in entering, I received loads of valuable advice and support from Wales YFC to produce a business plan for the award, and more great advice from the external judges.

"The award ceremony at the Winter Fair, where I received the £800 prize money, generated a lot



Y SEREMONI GADERIO
THE CHAIRING CEREMONY



GWOBR DRADDODIADOL
A TRADITIONAL PRIZE



CHRISTOPHER POWELL

"Unwaith i mi ddatgan diddordeb mewn ymgeisio, derbynias lawer o gyngor a chefnogaeth werthfawr gan CFFI Cymru er mwyn llunio cynllun busnes ar gyfer y wobwr, a fwy o gyngor gwych gan y beirniaid allanol."

Derbyniodd y seremoni wobrwyo yn y Ffair Aeaf, ble dderbynias y wobwr o £800, llawer o sylw o'r wasg, roedd hyn yn ffordd wych o hyrwyddo'n musnes ac yn ddechrau da iddo.

"Ers ennill, mae'r busnes wedi parhau i ddatblygu, gyda llawer o waith yn cael ei gynnig i mi, sy'n wych, ond roedd yn anrhydedd i gael fy ngofyn i grefftio'r gadair hon ar gyfer y Ffermwyr Ifanc," ychwanegodd Christopher.

of media coverage, which was an excellent way to promote my business and get it off to a flying start.

"Since winning, my business has continued to develop, with numerous jobs coming my way, which is fantastic, but it was an honour to be asked to craft this chair for YFC," Christopher adds.

➤ Am fwy o wybodaeth ar gynllun Menter NatWest, cysylltwch gyda Swyddfa CFFI Cymru. Bydd yr holl aelodau sy'n mynychu cyfweiliad yn derbyn £100 er mwyn datblygu eu busnes.

For further information on the NatWest Enterprise Scheme, contact the Wales YFC office. Members who attend an interview receive £100 for their business.

partners & sponsors

Partnerships between NFYFC and a host of external organisations bring a huge range of benefits to members. Here's why and how the organisation works with EBLEX, Fresh Start, the Tenant Farmers Association and Savills

Working with EBLEX



EBLEX is a division of the Agriculture and Horticulture Development Board (AHDB), which aims to improve the efficiency and competitiveness of the various agriculture and horticulture sectors within the UK.

It is tasked with helping the beef and lamb industry improve its competitiveness and promote

its products. It provides market information, and funds market intelligence and technical information through the Better Returns Programme.

It works with NFYFC to develop good stockmanship among young beef and lamb producers and also produces a stockjudging guide for YFC.

Hybu Cig Cymru (Meat Promotion Wales) is the Welsh equivalent and is responsible for the development, promotion and marketing of Welsh red meat.

It works with all sectors of the Welsh red meat industry – from

the farmers to the retailers – to develop the industry, as well as profitable markets for Welsh lamb and beef.

It offers a market price service, providing up-to-

date prices for every Welsh market and Welsh Border markets, as well as daily and weekly averages for the UK.

HCC also offers technical training and information on beef and sheep production, as well as an annual

scholarship with which successful applicants spend up to six weeks studying the sheep or beef industry in a country of their choice.

It works with Wales YFC to make the stockjudging guide available in Welsh.



BETTER BUSINESSES AND FARM TENANTS

The Tenant Farmers Association lobbies government on behalf of its members, who rent their farms.

The TFA sponsors the NFYFC farm business development competition and is working with NFYFC to develop training days to fully equip and prepare young farmers to bid successfully for farm tenancies and run them profitably and sustainably.



HELPING TO TRAIN THE NEXT GENERATION

Savills Rural is focused on the commercial needs of landowners, farmers and rural businesses. It has 22 dedicated rural offices around the country and more than 200 professionals. Savills works closely with NFYFC in supporting young people in the countryside, including developing tenancy training events for YFC members.



...MAKE A DATE...

- SEPTEMBER
- 11-13 Train the Trainer course
- 19 (until 4 October) British Food Fortnight

- OCTOBER
- International walk to school month
- 15 World Rural Women's Day
- 16-18 Leadership and Development course
- 23-25 Adventure Management course

- NOVEMBER
- 16-20 National Anti-Bullying Week
- 21 Eisteddfod, Wales
- 30 Winter Fair, Wales

- DECEMBER
- 1 Winter Fair, Wales
- 5 International Volunteer Day



MAKING A FRESH START

NFYFC is a major supporter of Fresh Start, an agricultural industry-led initiative to encourage new entrants into farming, and help those already farming develop their businesses.

YFC members are also actively involved in Fresh Start academies, which help new entrants find openings in farming. The academies offer business skills training, mentoring and the possibility of identifying business opportunities via a matchmaking network.

NFYFC has supported work to create Fresh Start academy ring binders for academy members, along with plans for training about succession – transfer of the farm business between the retiring generation and the next one.

The NFU Mutual Charitable Trust

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